

BUEDINGEN HEALTH CLINIC

Buedingen Health Clinic, Unit 20193, Box 0063, APO, AE 09165-0063 (Revised 26SEP06)

Open Mon, Tue, Wed, Fri 0730-1630 and Thu 1300-1500

FOR AN EMERGENCY – Call 112

ACTIVE DUTY SOLDIERS go to sick call at 0730 Mon, Tue, Wed, Fri and 1300 Thu

Buedingen Health Clinic, Building 2216, Armstrong Kaserne

Department	DSN	FROM A CIVILIAN PHONE
Appointments	321-4789	06042-80-789
Pharmacy	321-4835	06042-80-835
For all other inquiries, call the front desk	321-4789	06042-80-789
Fax	321-4701	06042-80-701

Hanau Health Clinic, Building 245, New Argonner Kaserne

Department	DSN	FROM A CIVILIAN PHONE
Central Appointments - Hanau	328-6600	06181-500-6600
Optometry Appointments – Hanau	328-6605	06181-500-6605
Physical Therapy Appointments – Hanau	328-6684	06181-500-6684
Mental Health Appointments - Hanau	328-6777	06181-500-6777
Pharmacy – Hanau	328-6604	06181-500-6604
Fax - Hanau	328-6668	06181-500-6668

If you have questions about your health or need medical advice, call the Tricare Nurse Advice Hotline 24 hours a day, 7 days a week, toll free from a civilian phone

Tricare Nurse Advice Hotline	0800-825-1600
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If you are hospitalized in a German hospital, or need help receiving care from a German doctor, call the Tricare Patient Liaison 24 hours a day, 7 days a week

Tricare Patient Liaison	0162-270-4553
Tricare Patient Liaison (if you are outside of Germany)	011-49-162-270-4553

Emergency Numbers

German Ambulance	112
Military Police (Will get you an ambulance)	06181-180-2749

**For SPOUSES and DEPENDENTS,
Here's how to get the care you need**

I need to see a doctor NOW! It's an emergency!	Call the German DRK by dialing 112 from any civilian phone. You can also call the MP station at 06181-180-2749 from a civilian phone. Both are available 24/7 and will get you an ambulance as soon as possible.
I'm sick and I need to see a doctor or nurse (for any non-emergency reason).	Call or visit the Buedingen Health Clinic to make an appointment. A limited number of same-day or next-day appointments are available for urgent care. Let us know if you have been seen here for the same problem recently. Let us know if you have been seen at a German hospital or doctor's office for this problem.
I need shots or immunizations.	You must have a current physical exam before we can give you any immunizations. Look below in the "I need a physical exam..." section to see if you're current. If you need a physical exam, please call and make an appointment for one. You will be given any required immunizations at the exam.

I need a physical exam, or I think I need a physical, but I'm not sure. (This includes well-woman exams.)	Call or visit the clinic for an appointment. For children over 2 years old and adults, you should have a physical every year. Infants / young children require physicals at 1 and 2 weeks old, 2, 4, 6, 9, 12, 15, and 18 months old, and at 2 years old. If you require a pap smear, please let us know when you make the appointment. Physical appointments may be as far as 4 weeks in advance, so if you know you need a physical, call well in advance!
I need my prescription refilled.	Call or visit the clinic and tell the front desk that you need a refill of your medication. Please tell us the name or the purpose (e.g. "my high blood pressure pills") of the medication. Also, tell us how many days of medication you have left (try to let us know when you have about 3-5 days left). Make sure we have a good phone number to contact you. In most cases, your prescription will be available at the pharmacy later that day or the next. You can call the pharmacy periodically to check on the status of your refill. If the doctor needs to see you, or has additional questions regarding your health before your refill can be ordered, you will receive a call and you may be scheduled for an appointment if necessary. Certain pain medications require that you see a doctor for a refill. Certain medications that you take for long periods of time, or indefinitely, require that you see a doctor for a refill.
I want to get my test results.	Call or visit the clinic and tell the front desk that you recently had a test and you want the results. Make sure we have a good phone number to contact you. You will receive a call about your results in most cases, later that day, but definitely within 3 work days. In some cases, you will need to come in to receive your results. You will receive an appointment over the phone when you are called if this is the case.
I need a referral to a specialty doctor (or I need my referral renewed).	<i>If you need a referral to a mental health professional, call Hanau Mental Health for an appointment. You do not need to see anyone first.</i> For any other type of referral, you need to be seen here first. Call to make an appointment. If you have already been seen here for the problem, and you need your referral made or renewed, call us and let us know. Make sure we have a good contact phone number to reach you. We will call you back and let you know that it has been done. If the doctor needs to see you, an appointment will be made at that time.
I need a form filled out by a doctor or nurse. (For work, school, sports, or any other reason)	Call the clinic and inform the front desk that you need paperwork filled out. Depending on the paperwork and the date of your last physical, you may need to see the doctor for a physical exam. Make sure we have a good contact phone number to reach you. A nurse will call you back and either set up an appointment to have your paperwork filled out, or schedule you for a physical, depending on which you need.
I want to have a mole or wart removed.	Please call to make an appointment. Most (but not all) wart removals can be done the same day as the first appointment. Mole removals require an initial visit to assess the mole, and then a second visit for mole removal.
My child needs a circumcision.	Before your child can be circumcised, he must be seen here at the clinic. Please call to make an appointment for a physical exam for your child.
I need something that I don't see listed above here!	For optometry, physical therapy, and mental health, you can call the corresponding appointment phone numbers listed above. For anything else, please call us and we will get you in touch with the appropriate clinic or agency.
I've noticed that nothing is walk-in. Do I need an appointment for everything?	Yes. In order to serve you better, we have to give our nurses and physician a chance to review your chart and make sure that you get seen as quickly as your condition warrants. In addition, you will notice that we make frequent use of telephone consultations in order to reduce the amount of time you spend waiting in the clinic to be seen.